

## OLT Officially Opens Pasundayag 2023: The Triumphant Week

By Anne Christine Saldo



On the 15<sup>th</sup> of May 2023 at 1:00 pm marks the opening of Pasundayag 2023: The Triumphant Week. A week filled with students showing off their excellent skills in their respective fields. The opening ceremony was held at the MGM Gymnasium. The gymnasium was a full house as triumphant and technologists gathered together to witness the event. As you enter the venue, you could see students in their pasundayag shirts and some of them wearing the Filipinianas as it was their costume for the main highlight of the program.

Proceeding to the main highlight of the program, Creative Dance: Philippine Folk Songs, the teams from Master Chef, Jetsetters, Frontliners, and Brew Warriors got themselves ready for their turns to perform. The sequence of the programme was in a form of alternating events: the Creative Dance from one team from the OLT students; to be followed by an OPM solo

singing from MIT students and; one team in the event Philippine Folk Dance from the MIT Students.

The third place for Creative Dance were from the Brew Warriors with the song, "Kuot Kuot". Second place were from the Master Chefs with the song "Mamang Sorbetero" by Celeste Legaspi. First place were from the Jetsetters with the song "Ang Pipit" by Pilita Corrales. And the champion for the Creative Folk Song were the Frontliners with the song "Ikaw Ang Mahal Ko" by Mabuhay Singers.

As the program ended, the competitors celebrated with the winning team with great sportsmanship. Winners or not, they knew that they enjoyed every second of the competition regardless of what place they ended up with. Photos were taken at the end and everyone opened the one-week event with camaraderie.

## Thanksgiving Mass: Birth Celebration of OLT President & MIT Corporate Secretary, Madam Lucile A. Maglasang

By Julie Jane Medel

All students, instructors, and staff of OLT have gathered at the MGM Gymnasium together with the Maglasang Family to celebrate the Thanksgiving Mass for the Birth Celebration of OLT President & MIT Corporate Secretary, Madam Lucile A. Maglasang on May 16, 2023.

The thanksgiving mass started at 9:00 in the morning and is welcomed by a song presentation by the Parish Scholars and OLT Harmonica members. The song is dedicated to the birthday celebrant and a way of showing gratitude towards the members of the Maglasang Family who were present in the venue. Some of the respected family members of the OLT President and the MIT Corporate Secretary, Madam Lucile A. Maglasang. A wonderful speech was also delivered by our own School Director Mr. Chris Jun Puelas for the celebrant that surely touched her heart. Madam Lucile A. Maglasang gave her word of gratefulness to the students, staff, instructors, and to her family members for joining the thanksgiving for her birth celebration.

The Thanksgiving Mass ended with another song dedication to the celebrant by the Harmonica Members and Parish Scholars to which they also gave her flowers and messages.

The Thanksgiving Mass ended with another song dedication to the celebrant by the Harmonica Members and Parish Scholars to which they also gave her flowers and messages.



## BSHM 1 Bravo Showcase Their Skills During Their First Semester Culmination

El-cid T. Pulalon

The BSHM1 Bravo shows a great level of hospitality in providing the customers entertainment. Before the food got cold, the master of ceremony had announced the customers entertainment and to get ready for the food and drinks food. It was held at the OLT lobby to consume. Everyone is on their table and ready to dig in. Mrs. Celeste Dugal.

The Culmination of BSHM1 Everyone is having a lot of Bravo had received flattering compliments with the games, and showed competitiveness due to the rewards and guests. The program ended up that they will receive as soon as they smoothly and successfully. win the games.

There were few selected students who prepared a short presentation for the guests and encourage everyone to join along with them. Everyone was having a spectacular time from listening and watching every presentation of BSHM1 Bravo.





## OLT Warmly Welcomes OCNHS Senior High School Students During the Campus Tour

By Anne Christine Saldo

As the semester is almost ending, enrollment is also fast approaching. OLT continues to nurture students to become competitive individuals in the tourism and hospitality industry, and they want to help foster more students through engaging in school campaigns. A school campaign is when one institution goes to the other campus in order to pursue students to enroll. With that said, since OLT is a school of Tourism and Hospitality, the method of the school campaign is through a campus tour.

On the 17<sup>th</sup> of May 2023, OLT went to Ozamiz City National Highschool to fetch the Grade 12 Senior High students. These students are from the strands General Academic Strand (GAS), Humanities and Social Sciences (HUMSS), Science, Technology, Engineering and Mathematics (STEM), and Accountancy, Business and Management (ABM). At 10:45 AM, the senior high school students are already assembled at the gym of City High. These students are ushered by six tour guides which consists of OLT tourism students.

The OCNHS students were welcomed at the lobby as they took in the state of the arts facilities of OLT leaving them a good impression of the institution. The tour guides lead them throughout the tour showing them the cabin room, suite room, the OLT restaurant, the kitchen, the OLT coffee shop, the tourism lab, the library, the classrooms and other facilities. Throughout the tour, the students were amazed at how complete and how visually pleasing the facilities are. They had some questions along the way to which the guides answered them much to their satisfaction.

At the end of the tour, they are then sent to Misamis Institute of Technology campus by the guides for the sister school's campus tour as well. As the guides bid farewell to them, the students couldn't help but feel sad as they thought that time flew so fast and they wanted to explore more of OLT. With that said, the guides encourage them to enroll at OLT on the next semester so that they can indulge more on the quality education OLT has to offer.



## Glitz & Glamour Acquaintance Party

By Julie Jane Medel



A special night for students is held at the MGM, started at 5:00 pm in the afternoon this day of 18 of May 2023.

Students wore their fancy and elegant suits and dresses with their own concept of glitz and glamour, that they have been preparing so much, and also one of their rewards for themselves in the exhausting yet fun showcasing talents for the past few days, which is in relation of their courses.

Students and their respected advisers had the best chance to take their best shots with their beautiful and elegant dresses and suits, from the BSHM 1 Alpha, BSHM 1 Bravo, BSTM 1 Alpha, BSHM 2 and BSHM 3, and BSTM 2 and BSTM 3.

The event started off with full energy of each team presentation showing their talents through their respective representatives. The show started with the Master Chefs, which they dance and enjoy the music in front of the students, respected instructors and staff. Team Brew Warriors followed with more overflowing energy that is represented by Mr. Jason Jee Fiel and Ms. Frances Katrina Suizo with their cute and lovely dance presentation that made the crowd scream in excitement.

Jetsetters also do not want to be late for the moment of fun. On behalf of the Team Jetsetters Mr. Mark Vincent Padillo gave his full lungs to sing for the students who were present at the venue, not only did he sing but he also showed his talent in dancing. And last but not the least, the Frontliners with their beautiful girls showing their talents in dancing

the trending Tiktok dances.

After the most satisfying dinner that have been prepared, the event continued and awarded the winner in the Film Making Contest. The team that got the most point in every category: Best in Director; Best in Actor; Supporting Actor and; Best in Cinematography is given to Team Frontliners. The short film entitled "Mata" is directed by one of the talented tourism student Mr. Mark Limhuel Papha who got the most of the award in the Film Making Contest and is guided by their beautiful team adviser Ms. Maria Jessa Sevilla.

The event won't be more complete without announcing the Face of the Night, Head Turner of the Night, Best Outfit of the Night, and most specially the King and Queen of The Night.

Mr. Felix Angelo Atay was awarded as the Face of the Night in Male Category and Ms. Cristy Marie Cubero in Female category. In female category Head Turner of the Night, Mr. John Paul Mesias was being awarded and Mr. Marnil Cris Egar in male category. In the Best Outfit of the Night female Category, Ms Bizaleel Kate Cabantac and Mr. Neil Bryan Mejos in male category. Lastly, the title King of the Night is given to the most handsome men from BSHM 2 Mr. Marnil Cris Egar among all men in the crowd, and the crown and title Queen of The Night is given to Ms. Bizaleel Kate Cabantac from BSTM 1.

The disco party for the students started after the awarding ceremony ended, students enjoyed the rest of the night in dancing with excitement.

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## Triumphants Utilizing Their Talents in Participating During the Pasundayag Week 2023

By Jade Basmayor



Another momentous event took place as Triumphants celebrate their day of being hospitality and tourism students, making them feel blessed and happy for just a short period of time in spite of the burdens, trials and pressures they encountered throughout their school life. Pasundayag is being celebrated from the 15th until the 19th of May at Our Lady of Triumph Institute of Technology. The said event offered a lot of activities for the students to test their capabilities and skills. A

challenge worth accepting because it will gain not just the confidence, but also enhances your skills and strengthens the knowledge. The event have 4 participants namely Frontliners, Brew Warriors, Masterschef and lastly, Jet-setters. These teams aim not only to win every competition but in securing their spots of becoming the overall champion.

One of the main highlights of Pasundayag Week were the Chef War

ing and Cake Production and Decoration. The said competitions will not only test their skills in a certain field but it will also challenge their traits of being resourceful. The game itself is challenging because of the uniqueness of the rules and different types of twist.

One of the games that made the students shiver due to the intensity is the Fruit and Vegetable Carving. Participants must make works of art out of carving fruits and vegetable but with a twist. The participants must use the availability of different fruits and vegetables presented on the table. As it was watched live, it can be seen that the participants utilized their resources in making a piece of art. As the intense battle happens, one stood out from the rest. The Brew Warriors offers not just the quality of their work but also elegance and beauty which made them victorious of the said competition.

"Every great design begins with an even better story". That is how they felt when the competitions started. It literally tells a story fit for the theme of the event which is the Pasundayag Festival. It tells a lot of things such as the beauty of our country, the richness of our culture, and the heartfelt faith of every Filipino. It burst the heart with joy to know this kind of things just because of this event. But, only one

can be the winner and that is the Master Chefs. Among the rest they properly executed what they want to tell to the world and gave us an out of this world cake that we can totally be proud of.

Lastly, the most awaited competition took place which is the chef war. As HM students it is normal to learn how to cook but it takes time, effort and dedication to master it. The participating students have managed to these kind of things. It greatly shows their mastery specially in utilizing the ingredients that has in the market basket. While cooking, we can see that they manage to conquer the challenge with the smiles on their faces. Just like every competition, one has stood out from the rest and that is the Masters Chef. We can saw their versatility in cooking different dishes and their eagerness to win. They managed to please the judges with the quality and the appearance of their dishes.

Because of Pasundayag Week, different talents were being performed. The event showed not just ordinary talents but exceeds the expectations of everyone watching it. It goes to show that being a Triumphant is worth it for it molds the students to be the best version of themselves.

## Fun Run 2023

By Wendell C. Nantes

The OLT 14<sup>th</sup> Foundation Anniversary entitled PASUNDAYAG 2023: The Triumphant Week conducts a FUN RUN as the first event to officially open the weeklong celebration of the said event.

On May 15, 2023, students from OLT and MIT together with the faculty members and staff gathered at Osrox Park around 6AM in the morning as the starting point of the event. The FUN RUN aims to boost the students spirits to prepare with the one week celebration to prepare for the different competitions. The Triumphants had showcased their skills,

talents, and creativity such as Chef War, Tourism Exhibits and many more.

The end point of the event was at the MGM Gymnasium and the first three runners who finished the race received a grocery pack. The event was successfully done around 8AM and the students have their way to their respective teams to prepare for the next event. FUN RUN generally created to get more physical and emotional benefits - health, mental health, fitness, weight loss, team building, laughter and social interaction.



## OLT Tourism Exhibits, Pastries, Hors d'oeuvre & Mocktails, and Tour Guiding

By Angel Zalsos



OLT successfully held the competition of Tourism Exhibits, Pastries, Hors d'oeuvre & Mocktails, and Tour Guiding during its Pasundayag week 2023.

The Pasundayag week began on May 15, 2023, with the primary objective of highlighting the Triumphants' skills, abilities, and talents. Throughout the long week of festivities, a number of skill competitions are held to bring out the best in the students who participated. Pasundayag has four (4) competing teams: Master's Chefs, Jetsetters, Frontliners, and Brew Warriors. Each team chose four (4) tourism students to compete in the tour-guiding competition. Furthermore, Ms. Malou C. Paulino and Ms. Luiza Dolor Unido were on the competition's organizing committee.

Every team has a respective room assigned to decorate, along with their assigned locations. The Master Chefs were tasked with presenting the beauty of Bukidnon; the Jetsetters with Misamis Occidental; the Frontliners with Misamis Oriental and Camiguin; and finally the Brew Warriors with Lanao Del Norte. In addition to the respective sites assigned, each team's tourism exhibit must include pictures of the tourist spot or destination, tour guiding tools such as brochure and itinerary, history, souvenir, festive, and culture.

The tourism exhibits opened on May 16, 2023, and after the long preparation, the efforts of each team

are evident as they bring out their best to have a presentable exhibit to showcase. Numerous students enjoyed visiting the rooms that have representations of locations assigned. The opening of exhibits truly motivates the tour guides, and it establishes suspense and anticipation for the first judging in the tourism exhibit.

When the first judging of tourism exhibits, pastries, hors d'oeuvres, mocktails, and tour guiding arrived on May 17, 2023, it was time for the tour guides to give their best performance and represent their teams in the best way they could. The efforts shown in the first round of judging were truly amazing; each team brought food, souvenirs, and other things that could make them align and fit with the theme of the location they were tasked with. The tour guides felt honored by the presence of the respectable judges, which are: Cristy Saplot Misamia Occidental Tourism Officer; Sonnylyn Alave a NSMC Instructor; Lady Marion Kua a Tourism NSMC Instructor; and Mary Dawn Espinosa a Virtual Assistant. They visited and judged each tourism exhibit. They gave their comments, recommendations, and advice to each tour guide, which was really beneficial since they felt driven and received knowledge from them.

The announcement of winners during the first judging of tourism exhibits was full of suspense. The third placer was the Frontliners; the second placer was

the Master's Chefs; the first placer was the Brew Warriors; and the champion of the competition during the first judging was the Jetsetters. It was indeed an amazing and fair outcome for the tour guides. However, the competition was just warming up because there is still a chance for the tour guides to do better in the second round of judging.

May 19, 2023 was a remarkable day. This is the time when the last judging commenced. The school invited a different set of respectable judges, which are: Jaime Tomada a Tourism Officer in Ozamiz City; Claris Lusica a Former Emirates Ground attendant; and Jovannie Espinosa a DepEd Teacher. The judging procedure remained the same, but this time every team gave their best effort and the tour guides are more eager to win.

The last judging was outstanding. The third placer was the Frontliners; the second placer was the Brew Warriors; the first placer was the Master's Chefs; and the champion of the competition was the Jetsetters. It was an incredible and just victory for all the tour guides. Every tour guide showed excellence and sportsmanship that made their teams proud. The finale of the competition was filled with experiences and accomplishments that the tour guides obtained, giving it an exceptional ending.



## The Chef War Competition is Happening at OLT

By Jade Basmayor



"Talent is nothing without dedication and discipline, dedication and discipline is a talent itself" a quote fits for the momentous event which is the Chef War Competition happening at Our Lady of Triumph Institute of Technology, on the 17th of June, 2023. This event is one of the main competitions as a celebration of HM and TM days. The said event is composed of four participating teams namely, the Frontliners, Brew Warriors, Master Chef and Jetsetters.

The Chef War Competition not only measures the talents and skills of the students but also showcasing the capability of students when it comes to cooking. The mechanics of the game is to utilize the ingredients available in cooking three dishes of the Laya fish. The participants must prepare an appetizer, main dish and their own interpretation dish out of the main ingredi-

ent. As the event starts, the competing participants greatly showed their mastery in cooking especially in utilizing the ingredients in the market basket. As they cook their dishes, pressure was not present and cannot be seen on their faces but instead, the people can see their passion and dedication to their work, as their smiles were very evident on their faces. The time is almost up and the people watching cannot hold back on their seats because the participating teams gave the audience a thrill due to the competitiveness shown inside the kitchen. As the time ran out, the quality of their dishes was obvious just by looking at their stunning plating. It greatly complements their dish.

In every competition, one will always stand out from the rest which will become the winner of the Chef War Competition.

The winner of the said event is the Master Chef. They are deserving to win, for their versatility in cooking different dish was shown and they are eager to win. The judges in the event was impressed by the quality and the appearance of their dish.

Being HM students, cooking can be learned but it takes time, effort and dedication to master it. The participants of the Chef War Competition shows not only their talents but also their mastery in doing it by giving an outstanding dish with the best quality and appearance. It only goes to show that OLT fits the title of being the best school when it comes to Hospitality and Tourism, for not only they mold their students to be the best in their profession but also teaching them the values they need to succeed in life.

## Skills-Related Competitions During the Pasundayag Week 2023

By El-cid Pulalon



The major skills competition of Our lady of Triumph Institute of Technology began on May 18, 2023 in the morning. All the competitions started together simultaneously. The committee announced the rules and regulations to remind every participant to avoid themselves from committing violations.

The participants have been dispatched to their respective venues for the preparation of every skills competition. Preparing their items, tools and equipment has been crucial to them due to the time limit that can cause deductions to their performance.

The competition was having a tight fight that ended up having a tie breaker with the team Frontliners and Masterchef. At the end of the competition the frontliners swept the match among the three opposing contenders from the Quiz Bee Competition. The supporters have also shown their best to boost up the guts of their representative. The camaraderie of every competition was overflowing with the eagerness to win the competition.

Brew Warriors had proven themselves that their talent in poster making are outstanding. They ate all the contenders alive and proved that they were the best among the rest. At the end of the competition, the Brew Warriors have been declared as the winner of the competition.

Judges are having a difficult time to select the most deserving team to announce the winner. Every competition ended up with a tight and strong fight, but at the

end of their performanceS, there will only be one team that can claim the title of being a winner.

Table skirting with a buffet centerpiece was one of the most difficult parts of the competition. Unity and patience are needed to successfully finish the task. Everyone is very versatile in doing their task and from answering all the questions from the judges. All teams had done their part and finished their tasks well, but among the representatives the Jetsetter finished it all clean and eye pleasing.

The table set-up and centerpiece was one of the easiest parts of the competition. The representatives have shown great professionalism in making their table eye catching. Everyone is having mixed emotions with their performance, but the Brew Warriors took over the competitions and claimed the champions award.

The Brew Warriors is unstoppable in claiming the championship award in the skills competition. Flairtending is the most challenging skill competition above all the challenges, but the Brew Warrior finished the round smoothly and clearly that made them the champion of the competition.

It was a long day seeing the Triumphants fighting and aiming to win, but only the most deserving and skillful teams are the one who finished the competition successfully with triumph.



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## Truthful Thoughts About Me and You

By Angel Zalsos



When the air meets the sea,  
Everything comes up to me.  
People say that it is impossible to see,  
And they say that it's not meant to be.

If anyone would ask me about love,  
I will definitely answer it with the thought of  
you and me.

I seek different places from land to sea,  
But I never thought that I would find you amidst  
the tea.

The tea was served hot and so is he,  
From that moment I realized who I wanted to  
see.

Every minute matters and I feel like we're  
meant to be,

Destined to cross paths bearing with a never  
ending plea.

A plea to be with the person where the sea  
promised me,

It is the voices in my ear, which the air con-  
stantly whispers your name.

The land who lead the way for us and it indeed  
foresee,

It's like all of the things worked and collided  
just for us to thrive and flee.

But in the end, it is your presence which is a  
missing piece that crowns the whole,

Beyond mere visions, your essence fills my  
heart and soul.

In the grand tapestry of my existence you're the  
final stroke,

Completing our story, a love unbound, bespoke.

## Scars

By Anne Christine Saldo

If I cry, do you bleed?  
What is sacrifice when all is for greed?  
Is my presence the one you seek?  
When selfishness is the language you  
speak.

I am but a trophy,  
It isn't my name but you call me, Sophie  
Seems like your world is out of focus  
The suffering you refuse to notice

Scars hold the memories  
Painful and even ones filled with bliss  
Though these memories I dear treasure,  
My worth is yet measured

I call upon the value of life  
The one that need not a single strife  
When's it my turn?  
To leave my sorrows rot and burn

## A Glamorous Green Night Took Place at the President's Ball

By Anne Christine Saldo



The 16th of May marks the birthday of the Our Lady of daughters, Cherry Gal Maglasang, Cherry Lou Maglasang, and Triumph Institute of Technology President. The day started off Cherry Gel Maglasang. Intermission numbers entertained the with a mass in the morning and the celebration started at night people in the venue as presenters danced the night away, to during the President's Ball. The event started at 6:00 PM which which the fun-filled night was evident.

took place in the MGM Gymnasium. Everyone was dressed in the shade of green and looked elegant with their suits and gowns as they strut inside the venue.

This celebration is a joint event between the employees of Our Lady of Triumph Institute of Technology and Misamis Insti- tute of Technology. The celebration was also attended by the President of MIT, Engr. Galileo Maglasang, as well as their

As the night progressed, it was time to give awards to the best dressed of the evening. Besides that, employees who rendered service for the past five to ten years were also given awards. The night ended with glee and with everyone's bellies full. As everyone left the venue little by little, satisfaction was plastered on their faces. An evidence of how they enjoyed every moment of the evening, celebrating it with peers and good food.



## PHOTOS



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